



Gesundheit

In den Projektbereich Gesundheit fallen sowohl Projekte, in denen man mit Kranken zuhause oder in einem Spital arbeitet als auch Präventionsprojekte, etwa zu HIV/AIDS.

Organisationen, die Präventionsarbeit machen, können oft Freiwillige ohne Vorkenntnisse aufnehmen. Als Volunteer organisiert man beispielsweise Workshops für Jugendliche zum Thema AIDS oder berät Mütter in Ernährungsfragen. Eine Platzierung in Krankenhäusern ist meist nur für MedizinstudententInnen oder ausgebildete KrankenpflegerInnen möglich.

In welchen Ländern gibt es Projekte im Bereich Gesundheit?

- Argentinien
- Australien
- Brasilien
- China
- Honduras
- Indien
- Kenia
- Kolumbien
- Paraguay
- Peru
- Südafrika
- Thailand
- Venezuela

Die Projekte sind saisonal abhängig und werden nicht im Voraus garantiert. Auch in anderen Ländern können auf Anfrage Gesundheitsprojekte möglich sein.

Projektbeispiele

HONDURAS – Cruz Roja

The "Cruz roja" is a humanitarian organization of voluntary character that mobilizes the national and international solidarity to help improving the quality of life of the most vulnerables. It is an institution with multiple intervention areas.

"Cruz roja" arranges programs of prevention and response before and after disasters, especially by health and assistance to the affected community. "Cruz roja" is a human team that works with the community, the public power of the State and the cooperating ones, respecting the normative frame.

The "Cruz Roja" has a lot of projects at the same time, at the moment there are special projects of prevention of the HIV and health training.

Each task depends on the project that the volunteer is placed in. They could help with the recreation of children or trainers about the different issues that our projects try to show or teach to the community. There is an educational project over HIV, and solidarity with those living with AIDS, is being developed. Services are provided in case of emergency to the most vulnerable population in La Ceiba and surroundings.



INDIEN – MAITRI Monsoon Camp

MAITRI is an NGO working in the Melghat region known as one of the most underdeveloped regions in the Maharashtra state. The main population is of Korku tribe, one of the *Adivasi* or scheduled tribes which are marginalized from the development processes. Child mortality rates are very high in Melghat due to malnutrition and lack of proper healthcare, especially during the monsoon season from July-October.

MAITRI has established a monsoon camp to make health care available during this season. Volunteers will go to the homes of the villagers and check the health of the children, if there are any problems they will inform the doctors and assist them. This program is most suitable for medical students.

KENIA – Youth and AIDS Taita Taveta

The YATTA organisation is raising the awareness of AIDS and HIV among the youth. It is located in the Taita district in southeastern Kenya. YATTA gives workshops on sexual education in secondary schools as well as in youth groups. The workshops can include peer activities, theatre etc. The organisation also tries to provide basic care for AIDS-orphans and vulnerable children.

As a volunteer, you will help with the sexual education workshops and assist in resource mobilization for the organisation and the community. Volunteers are expected to have some experience in social work.

KOLUMBIEN - Sogamoso Regional Hospital

The regional hospital of Sogamosa is in charge of a population of over 300 000 people in 21 different communities. Some of the people are very poor and they do not have the means and knowledge to feed their children in a healthy way. The hospital has started a program to help children in the age of 0 to 5 in recovering an adequate nutritional level.

The volunteer will support the medical staff with activities regarding the recovery of the nutritional health of the children.

VENEZUELA – Children's Cancer Charity

This organisation is developing activities in benefit to children with cancer.

Participants must enjoy working with children and youths with cancer. Also, they must be patient, talkative, affectionate, disciplined, with social sensibility, tolerance, responsibility and recreational abilities.

Weiter Infos auf www.afs.ch/18/freiwilligeneinsatz